**The Oakdale Newsletter**

Oakdale Public School, Burragarang Road, Oakdale NSW 2570
Telephone: 4659 6251 Facsimile: 4659 6400
E-mail (School): oakdale-p.school@det.nsw.edu.au

**Term 1, Week 6, 2015**

**Dates to remember**

<table>
<thead>
<tr>
<th>Event</th>
<th>Date/Time</th>
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<tr>
<td>10th Reading Training for parent helpers and parents wanting to support their own child’s reading development</td>
<td>3.45 start in library</td>
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<tr>
<td>9th Camden HS Open Night</td>
<td>7-9pm</td>
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<td>12th Discovery Day Camden HS</td>
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<td>13th Year 2 Sleepover</td>
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<td>13th EOI to High School</td>
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<td>17th Regional Swimming Carnival</td>
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<td>20th Harmony Day</td>
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<td>23rd Assembly 1B</td>
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<td>23rd Young Leaders Day-Mrs Green and captains</td>
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<td>26th Primary Assembly</td>
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<td>27th Cross Country</td>
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<td>30th Class Champion Assembly</td>
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<td>31st Combined Scripture</td>
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**What’s Coming up in March**

- *What’s Coming up in March*
- *Donations for Easter Raffle*

**What’s Coming up in April**

- *1st State Swimming*
- *2nd State Swimming*
- *2nd Easter Parade*
- *3rd Good Friday*
- *24th School Photographs (1st week after the holiday break)*

**Reminders**

- *School photos will now be 24th April as there was a clash of events*

**From the Principal’s desk**

The issue of extra support for students is always a topical area for discussion. We as educators would love to give every child extra individual support to assist with difficulties they are experiencing. We have many students with disabilities at our school who are not funded in any way and the teachers have to make reasonable adjustments to their teaching programs to enable access to the curriculum. Reasonable adjustments include such things as enlarging print for a child that may have an eyesight problem, repeating instructions several times for a child with receptive language issues, writing a behaviour plan for a child who has some social issues and so on. No child that is not on funding support will be entitled to one-to-one assistance from a Learning Support Officer (Teacher’s aide.) We unfortunately are allocated a finite amount of money each year that we are using to employ Mrs Smith for 2 days, Mr Barr for half a day and Mrs Nash for 5 hours per week. Mrs Hill and Mrs Ward are employed to work with our 3 students who receive funding.

Our support is being used to have extra personnel in reading groups, maths groups and MATHSMAD sessions. Some students are also withdrawn for individual support. Mr Barr, Mrs Kaapro, Mrs Dettino, Mrs Smith, Miss Hannaford and Mrs Nash assist with support. Mrs Ward and Mrs Hill assist with our long term funded students. Additional support for the term will cost $15600 and we receive $11,000 for one term from the DEC. We would like to be able to offer more support to students but
we already will have a shortfall in this area of our budget. Voluntary contributions will be used next term to maintain programs we are already offering. Students receiving extra support this term will receive a letter about the specific type of support they receive. Please acknowledge receipt of this letter by returning it to school.
CONGRATULATIONS TO THE FOLLOWING STUDENTS WHO RECENTLY VISITED THE TREASURE CHEST. YOU HAVE ALL BEEN TRYING VERY HARD TO DO YOUR BEST IN CLASS.

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<tr>
<td>KH</td>
<td>Fletcher Woods</td>
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<tr>
<td>1B</td>
<td>Ryan Young, Matthew Prout, Angus Richardson</td>
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<tr>
<td>2C</td>
<td>Oliver Micallef</td>
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<td>3C</td>
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<tr>
<td>4F</td>
<td>Jessica Webber</td>
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<td>5I</td>
<td>Zac Harding</td>
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MISSING SCHOOL MEANS MISSING OUT!

14. How should schools manage Applications for Extended Leave (travel or holiday)?
14.1. From the beginning of 2015, family holidays and travel are no longer considered under
the Exemption from School - Procedures. Travel outside of vacation period is now counted
as an absence for statistical purposes.
14.2. A Certificate of Extended Leave – Travel should not be issued where the principal is
aware that the student has been the subject of a Child Protection report made to Family
and Community Services, or contact with the Child Wellbeing Unit, and for whom
unresolved issues concerning a risk of harm remain.
14.3. A principal should not accept a reason for travel during school term if it is not in the
best interests of the student. Educational, social and participation, reasons should be
specified on the application.
14.4. Travel is considered to be domestic or international travel for the purpose of a family
holiday, family business, bereavement or other reasons, which should be specified on the
application.
14.5. Principals should consult with parents about the intention of the travel and in the case
of family holidays encourage parents to take holidays with their child during school vacation
periods.
14.6. Where a principal considers that the travel is appropriate during school term, the
principal should issue the parent with an Application for Extended Leave – Travel for
completion and inform the parent that if the application is accepted, the absences will be
recorded as “L” – Leave.
14.7. Principals should request travel documentation, such as travel itinerary or e-ticket, and
ensure this is attached to the application.

Rule for the Term-Be Attentive

What does being attentive mean?
*Listen when your teacher is speaking; do not call out and interrupt.
*Put your hand up to speak and wait until you are acknowledged.
*Use your whole body to listen; stop wriggling, tapping, turning around, talking at the wrong
time.
*Do not try to distract others from learning.
*Listen to instructions so that you can begin your work straight away.
*Be prepared for the lesson; have the correct equipment; pencils, rubber, ruler etc. so you
co not have to waste time looking for things.
*When you come in from the playground calm yourself down and don’t hang on to anything
that may have happened in a game. It is time to work once you have entered the classroom.

Change to School Photo Date

Our school photos will now be taken on Monday, 24th April, 2015. All students are to wear
their summer school uniform. Envelopes have been handed out and need to be returned as
soon as possible. Family photograph envelopes are available at the office if needed; you can
phone and we will give an envelope to your child.
**School Contribution**
We have decided to ask for a voluntary contribution from parents. The many and varied activities we offer at the school comes at a cost. We do not wish to stop any of our successful programs so funds we receive through this means will go toward extra support for students and our cultural and technological programs. Notes will go out at the end of Term 1 (as this is a costly term for parents with their children starting school) with the hope that contributions would be paid early in Term 2. Voluntary contributions will be $40 per family or $25 for one child. More information will follow during the term.

**Easter Raffle**
The school will be organising an Easter Raffle to be drawn at the Easter Hat Parade at the end of the term. We are asking parents for donations of eggs and chocolates to make up gift baskets. Please send your contributions to the office.

**Homework**
We have had a great response to the first week of homework across the school. Most students attempted to complete their homework to the best of their ability. Merit awards for homework will be given out weekly and they can be used to go toward attaining “Big Blueys.” Try to encourage your children to have a go at completing their homework and reward them for their efforts.

**Election Day BBQ**
We will be running a BBQ and cake stall on Election Day which is 28th March. Volunteers are needed as the stall will run from 8.00am until 4.00pm. We only have a small body of parents who regularly help so if you could lend a hand for an hour or so it would be greatly appreciated.

**Harmony Day**
Harmony Day will be held on Friday, 20th of March. Mrs Mineeff has organised performers, activities and for students to bring lunch from another country. It will be another great day to celebrate cultural diversity.
Year 2 Sleepover
The Year 2 Sleepover will be held on Friday, 13th March. Students should arrive at 6.30pm; making sure they have showered and eaten dinner before coming to school. Students need to be picked up on Saturday, 14th March no later than 8.00am sharp. Notes and money need to be returned by 9th March.

Rydges Raffle
Our last Rydges raffle was very successful and raised a substantial sum of money for the school. Tickets will be sent home over the next couple of weeks; they will be $2 each or buy a book for $40. This time someone could be going to the Gold Coast!

Annual School Report Survey Responses
Parent Survey Responses
Most parents believed they were suitably informed about their child’s academic progress but others felt they needed more updates on the progress of their children and that the reports were too generic. Behaviour management was a major focus for the school in 2014 and the majority of parents reported that current processes were effective and that communication of incidences involving their child was thorough. Some parents (11.43%) which equates to 4 parents of those who returned surveys believed effectiveness could be improved. The majority (88.24%) of parents responded positively to notes being sent to their personal email rather than receiving a paper copy of the newsletter and notes. Approximately three quarters of our parents have looked at the school website and some believed it needed to be updated more often. The remaining 25% had not looked at the site. There was an overwhelming response to the MATHSMAD program being seen positively by parents due to their children’s comments. The Talented Artist Program was also seen as a positive program in the school by 90.91% of parents. Reducing sporting commitments was not supported by 81.81% as they did not think these activities were impacting on learning time. Parents suggested improvements could be made by informing parents when there would be changes to regular class teaching programs. They also suggested increased communication about what the P&C funds donated to the school were used for would be helpful. Some parents also believed that several students with behaviour problems had impacted negatively on the learning of other students and that even though a lot had been done by the school to modify behaviour it was
still a pertinent issue. As per usual we will try to resolve any issues parents are concerned about and clarify any areas where processes have been misunderstood.

**Staff Survey Responses**

Most staff believed the introduction of MATHSMAD had a positive impact on the teaching of place value K-6. Staff also felt our art program was very good but suggested it would be beneficial for all students to learn about the elements of art. In 2015 we have organised for this to happen. 100% of staff felt well informed receiving the weekly, emailed communication newsletter. All staff reported they were adequately informed and updated regarding students with special needs in the school. There was a mixed response as to the delivery of staff professional development; the majority reporting it was somewhat effective. The rotational system where all staff had to deliver PD will need some adjustments for 2015. A majority of staff also felt they still wanted to include additional sporting events to our calendar as they did not believe it impacted their teaching timetable. 92.31% returned favourable comments about the executives tracking of behaviour and for consequences given. Most staff reported they understood how to make reasonable adjustments for students with special needs, 23.08% believe they needed to do more professional learning in this area. Staff felt free to voice their concerns in a professional environment. Contributions by all members were valued; where improvement was warranted we discussed options and came up with the best solution for all parties involved.

**SAM, SASS, SLSO Survey**

SAM, SASS, SLSO staff reported they had received adequate professional learning in 2014 and that all staff treat them respectfully. They believed their role description was clearly defined and that the staff communication email sent weekly kept them well informed about school activities. 40% of staff felt they needed more updates regarding students with special needs and should be involved in more meetings about the children they deal with.

**Student Survey Responses**

The majority of students reported that they enjoyed being involved in MATHSMAD lessons. There was a mixed response to reporting incidents to a teacher on playground duty; the majority of students reported they only went to the teacher sometimes. This issue has been talked about often with the students but more reinforcement is obviously needed. Students also agreed with parents and teachers that they did not wish to see our sporting commitments reduced. Many of our students (74.52%) represented the school in external activities such as public speaking, gala days, leadership activities, performance groups and so on. Most students (93.67%) reported that they liked our reward systems such as going to the treasure chest when they have received three Big Blueys. When asked what students would like to do more of their suggestions were: sport, photography, ICT, cooking, singing, games, music and hard work.
## Term 1 Week 3

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<thead>
<tr>
<th>3C</th>
<th>4F</th>
<th>51</th>
<th>6KM</th>
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</table>
| Niamh D'Arcy  
Talina Seisun | Edward De La Mare x 4  
Caitlyn Hartshorne  
Liam D'Arcy x 4  
Mitchell Welsh | | Hayden Bond |

*New Student:*
Breanna Austin

## Term 1 Week 5

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<tr>
<th>3C</th>
<th>4F</th>
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<th>6KM</th>
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</table>
| Seth Attard  
Josh Graham x 2  
Tyrone Brincat  
Zac Crawford  
Dakota Williams  
Joshua Ryan  
Nash Brackenrig  
Breanna Austrin | Tyrus Williams x 2  
Mitchell Nash  
Emily Roberts  
Jayson Sinclair  
Kailyn Harvey  
Laurny Takiari | Peter Lynch  
Calix Rowland  
Imogen Ramp | Bilal Dirani  
Joshua young |

*New Student:*
Talina Seisun

*New Student:*
Bella Payne

*New Student:*
Noah Meredith

*New Student:*
Brooke Campbell

## Term 1 Week 4

**KH**

Izzy Johns, Ava Tabone  
Ruby Palmer, Benson Hoare  
Olivia Wilkinson  
Max Sproule  
Fletcher Woods

*Student of the Week:*
Dallas Micallef

**IB**

Aedan Hannigan X2  
Hayley Austin  
Jed Palmer

*Student of the Week:*
Jett Dingle

**2H**

Elia-May Dern  
Zahl Hoare  
Claire Sproule  
Chris Xegas X4  
Isavel Nash X2

*Student of the Week:*
Joel Harvey

**Term 1 Week 5**

Chelsea Blacker X2  
Brinley Seisun  
Jack Eather  
Dallas Micallef X2

**Term 1 Week 5**

Paige Fraser  
Ryan Young X2  
Lachlan Russell  
Matthew Prout

*Student of the Week:*
Ashley Barnes  
Oliver Micallef X3
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<tr>
<th>Term</th>
<th>Week 6</th>
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| Dallas Micallef, Max Sproule  
Amelia Harding, Levi Hickson  
Brinley Seisun  
Rylee Beard X2 | **Student of the Week:**  
Josef Stack |

| Student of the Week:  
Ryan Young |
|-----------------------|

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<thead>
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<th>Week 6</th>
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| Aedan Hannigan X3  
Angus Richardson X3  
Jake Graham, Ryan Young  
Deegan Attard, Alyvia Bond  
Hayley Austin | **Student of the Week:**  
Samuel Walker |

| Student of the Week:  
Georgia Griffin |
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<th>Term</th>
<th>Week 6</th>
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| Zahli Hoare  
Georgia Griffin | **Student of the Week:**  
Georgia Griffin |

| Writers Award:  
Alyvia Bond |
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**Ingleburn Bulldogs Hockey Club**

www.ingleburnhockey.org

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**Registration & Info Days**

**Minto Marketplace**  
Saturday 7 February: 10am - 2pm  
**Bunnings - Crossroads (BBQ)**  
Saturday 14 February: 8am - 4pm  
**Mount Annan Marketplace**  
Sunday 15 February: 10am - 2pm  
**Blooms Chemist, Camden**  
Saturday 21 February: 10am - 2pm  
**Oran Park Podium**  
Sunday 22 February: 10am - 2pm

**New Under 7 & Under 9 players get:**  
**a Free:** Stick, Ball, Shin pads & bag.

**All training & games at Narellan Hockey Complex**

Contact: Kelly: 0425 808 983 - play@ingleburnhockey.org

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Training commences 4th March at 6pm for all ages
Zone Swimming Carnival
On Thursday and Friday last week the Razorback Zone Swimming Carnival was held at Wollondilly Leisure Centre. Oakdale had 20 students attend on Thursday in the freestyle events, whilst 12 students competed on Friday in the stroke events. It was extremely pleasing to witness numerous PBs throughout both days with some students taking up to an amazing twelve seconds off their school carnival times. Outstanding swimmer Emmitt Carlile made his last primary zone swimming carnival a memorable one. He won both the 200m Individual Medley and 50m Backstroke events, whilst finishing second in the 50m & 100m freestyle and 50m Butterfly. As a result Emmitt is Senior Boy Swimming Champion for the Razorback Zone! Emmitt has continually demonstrated admirable sportsmanship qualities in the pool, representing his school with pride and has been a great role model for the school’s aspiring swimmers over the past five years. We wish him all the best as he moves on to the Regional Swimming Carnival on March 17.

Lastly, thank you once again to Mrs Carlile for organising to take the school shelter and sign and for supplying floor matting in our newly found ‘grandstand’ on both days. Mrs Mineeff was extremely efficient keeping everyone informed of race results whilst Mrs Itskos kept very accurate time all day in lane six. Student behaviour was excellent on both days.

Razorback Zone Soccer
Caitlan McSavaney and Jesse Beard have been selected to represent Razorback at the upcoming Sydney South-West Carnival after impressing in recent trials. This is Caitlan’s second zone representation (previously representing in cricket) and Jesse’s first. To have two students from Oakdale make the Razorback team is a fantastic achievement. Congratulations girls and good luck at the regional carnival.

School Cross Country and Athletics Carnivals
The school cross country carnival is just over three weeks away on March 27, so just enough time to start training (if you haven’t already done so). As usual the carnival will be held at Willis Park. A date has been set for the school athletics carnival. It will be held in the last week of Term 2 (June 24 and 25) with a different format this year. More details will follow at a later date.

Mr Barr
Canteen News Letter
Tuesday 3rd March, 2015

Hi Everyone,

- **Canteen Lunch orders:** A Big Thank You to Mrs Foster (also to Lydia, Kate & Savannah) for making The Canteens New Wooden Boxes. The new wooden boxes will be placed around the school (In the Office, outside Year K-2 rooms and outside the Canteen). These boxes are for all Canteen Orders. Canteen volunteers will not be going to the classes any more to collect lunch orders so please make sure all lunch orders are in one of the wooden boxes by 9:30am.

  Late orders will result in a Vegemite or Cheese sandwich.

- **Special Dietary Needs:** I have recently received Lactose Free Margarine portions for those who can't have margarine on sandwiches. I am still in discussions with my suppliers to try to get Gluten Free & more Lactose Free products in the canteen.

If your child has any special dietary needs please don’t hesitate to contact me. I am here to help.

- **St Patricks Day:** St Patricks Day is on Tuesday 17th March. For this day only we will be serving Green Jelly & Green Frozen Ice Blocks from the canteen at Afternoon Recess at 2:00pm. More information will be advertised on my Notice Board closer to the date.

- **Canteen Menus:** Term 2-3 Autumn/Winter Menu will be available by week 10.

- **Volunteers/Roster:** Term 2 Roster will be also out by Week 10. If you would like to volunteer in the canteen in term 2, please see office staff for a form and/or the schools website.

- **Canteen Notice Board:** Any important information like Weekly Specials &/or any News will be displayed on the Canteen Notice Board which is located on the 2 windows on the corner of the Canteen Building (near Canteen door). Keep an eye out for any new messages.

Thank you everyone for your support.

If you have any inquiries, please don’t hesitate to contact me on 0409 241 654.

Thank you.

Regards
Fiona Williams – Canteen coordinator
Collegians Hockey Club
www.collieshockey.com.au

Registration & Training days for new and existing players:
Narellan Hockey Fields, Tuesday 24th February 6-8pm
Narellan Hockey Fields, Tuesday 3rd March 6-8pm

- Junior teams – all ages
- U/7’s & U9’s play for free in their first year AND get a free hockey kit!
- Men’s and women’s teams in various grades.
- Fee discounts available.
- Play all games at Narellan on turf, no travelling to different fields every week!

Contacts-
Juniors: Samantha Freeman 0416311136  juniors@collieshockey.com.au
Seniors: Lisa Clinch 0414403799  secretary@collieshockey.com.au

Stead
ACTING DANCE SINGING AGENCY

Actors, Singers & Dancers
!!Now Booking for 2015!! For Ages 18 months to adult.

*Drama/Acting*  *Singing*  *Dance/Choreography*
AND *The Agency*

Class numbers are strictly limited. Saturday classes available.
Come in and join the fun today!! For more information call Sarah on
0415 985 225 or 4683 0193
www.s-t-a-d-s.com
BAG A BARGAIN OR BANK A BUCK!
The 6th Annual
Wollondilly Swapmeet & Family Market Day

Presented by The Rotary Club of Wollondilly North Inc.

**When:** Sunday 8th March, 2015 - 6am

**Where:** Oakdale Workers Club Football Field 1605 Burragorang Road, Oakdale

**Cost:** Gold coin donation (kids under 14 FREE)
Chocolate Wheel, raffles, FREE jumping castle and more!

**Sites available:** Large: $20 ea or Small: $15 ea

All sellers welcome!

**Contact:** 02 46596 064 or rcwnswapmeet@live.com
All proceeds are donated to Rotary local community projects.
Junior Golf Clinics

Rookie, Star & Master

Clinics held midweek during the school term

Rookie (Beginner): Monday
Star (Intermediate) & Master (Advanced): Tuesday
Snag (Beginner 4-7yrs): Wednesday
Cadets: Saturday 3pm

4:00pm – 5:00pm
$10 per child

Learn in a fun & safe environment
See the Pro-Shop or phone 02 46771240

Antill Park
COUNTRY GOLF CLUB
Complex Trauma in Children and Adolescents

The term complex trauma describes the dual problem of children’s exposure to traumatic events and the impact of this exposure on immediate and long-term outcomes.

Complex traumatic exposure refers to children’s experiences of multiple traumatic events that occur within the caregiving system—the social environment that is supposed to be the source of safety and stability in a child’s life.

Typically, complex trauma exposure refers to the simultaneous or sequential occurrences of child maltreatment—including emotional abuse and neglect, sexual abuse, physical abuse, and witnessing domestic violence—that are chronic and begin in early childhood.

Moreover, the initial traumatic experiences (e.g., parental neglect and emotional abuse) and the resulting emotional dysregulation, loss of a safe base, loss of direction, and inability to detect or respond to danger cues, often lead to subsequent trauma exposure (e.g., physical and sexual abuse, or community violence).

Trauma interferes with the integration of left and right hemisphere brain functioning, which explains traumatized children’s “irrational” ways of behaving under stress. In non-abused children, their semantic (i.e., verbal and left brain based) schemas of themselves and the world are generally in harmony with their emotional response to their surroundings (right brain based).

In contrast, abused and neglected children often display vast discrepancies between how they make sense of themselves and how they respond to their surroundings.

Child Abuse and Long-Term Health Care Costs and Wellbeing

Childhood abuse is a serious social and economic problem. In Australia, there are 17,000 substantiated cases of physical and sexual child abuse each year. We model the relationship between childhood abuse and long-term health, health care costs and well being using data from the 2007 National Survey of Mental Health and Wellbeing. We find that adults with a history of childhood abuse suffer from significantly more health conditions, incur higher annual health care costs and are more likely to harm themselves.

Our results suggest that child abuse has long-lasting economic and welfare costs. The costs are greatest for those who experienced both physical and sexual abuse.

Modelling the Relationship between Child Abuse and Long-Term Health Care Costs and Wellbeing


Economic Record Volume 89, Issue 286, pages 300–318, September 2013
HI-TOPS – Heavenly Impact
Time @ Oakdale P.S
Wednesday Lunchtimes

HI-TOPS is a Christian lunchtime group that is available to all students K-6, who wish to come and have parental permission.

HI-TOPS aims to encourage & promote good ethics, caring friendships, positive attitudes and an opportunity to talk about God, the bible and the Christian faith.

If your child would like to attend HI-TOPS please return the permission slip to the front office.

HI-TOPS is run by Verity Hoffman, a trained primary school teacher, employed at a families worker by St Luke’s Anglican Church, The Oaks.

For more information please email verity@theoaks.anglican.nsw.au

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2015 HI-TOPS Permission Form (Oakdale Public School)

I give permission for my son/daughter ___________________________ to attend HI-TOPS (Heavenly Impact Time @ Oakdale Public School) Lunchtime group. I understand this event will be held in a classroom on Wednesdays during lunchtime. I understand that this group is a Christian themed group run by Verity Hoffman, employed by St Luke’s Anglican Church and is only available to students with parental permission.

Parent/guardian name: ___________________________ Child’s Class: ___________________________

Signed: ___________________________ Date: ___________________________